Heartsaver®

First Aid Skills Testing Checklist



Student Name	Student Name Date of Test				
Scenario: "EMS has arriv	ed and takes over. You may now remov	e your gloves. Demonstrate what	you would do	next	."
☐ Places 2 fingers o	n the outside, near the cuff, to peel it of If the bare hand inside the cuff to peel t ed to dispose of the gloves properly				d
	worker lying on the floor in the break roo u would find the problem."	om. A phone, a first aid kit, and an	AED are on th	ne wa	II.
and AED 🔲 Checks	e scene is safe	edical information jewelry‡	/Gets the first	t aid k	it
*After the student taps a	nd shouts, the instructor says, "The per	rson is unresponsive."			
†After the student verbali	izes that they have checked for breathin	g, the instructor says, "The person	is breathing r	norma	ılly."
[‡] After the student check there is no medical infor	s for injury and medical information jew mation jewelry."	velry, the instructor says, "The per	son is not inju	ıred, a	and
all previous steps and ar	as a severe allergic reaction, has an epi e now ready to use the epinephrine per nds. Demonstrate what you would do n	n. You have read the manufacturer			
	e Pen e pen in fist	☐ Holds leg in place; presses e nephrine pen ☐ Rubs injectior			
Scenario: "You will demo the first aid kit and are n	nstrate controlling bleeding and then b ow ready to begin."	andaging a small cut on the perso	on's forearm.	You h	ave
	g on gloves, and places pressure over c	ut with a clean dressing* Applies bandages over the dress	sings		
*After about 15 seconds	, the instructor says, "The bleeding is no	ot stopping."			
	s, the instructor says, "The bleeding has				
	STOP TI	EST			
If the student does r	box next to each step the student com not complete all steps successfully (as i iation. Make a note here of which skills i emediation).	ndicated by at least 1 blank check			
Test Results Chec	ck PASS or NR to indicate pass or need:	s remediation:	☐ PASS		NR
Instructor Initials	Instructor Number	Date			